

Visions Update

In this Visions Update, see how your gifts are improving care for everyone in our community. Read about how your continued support is making great things happen, like the new pediatric room in the E.D. and our new mental health unit. Join us as we salute the Second Show's million-dollar milestone. So many wonderful things are happening because of you. Thank you!

Your gifts help children

New Pediatric Room in the E.D. made possible thanks to you!

A trip to the Emergency Department can be stressful for anyone, but for children – and parents with a child who is sick or injured – it can be especially so.

To help make the experience less stressful, Columbia Memorial is creating a special treatment room in the Emergency Department just for kids.

And best of all, the room will be “autism-friendly,” the first of its kind in the capital region.

This project is made possible thanks to you and other generous friends who attended this year's Hospital Ball.

At the Ball we asked you to raise your hands during our philanthropic auction and ‘bid for the kids’. You bid generously and helped us raise more than \$80,000!

So what are your ‘bids’ actually funding? A specially designed, child-

friendly treatment room with:

- child-sized beds, gowns, and medical equipment
- specialized equipment for victims of child abuse
- autism-friendly environment
- soothing and comfortable décor
- a flat screen TV and iPads featuring special apps to help kids communicate with caregivers
- toys and other distractions that capture interest and calm nerves
- privacy and space for family members

At Columbia Memorial, kids mean the world to us. And when they need emergency treatment, they'll be well cared for in a treatment room designed especially for them – **thanks to you!**

You bid generously and helped us raise more than \$80,000!

You can help!

Your gift today will help shape patient care for generations to come.

Please donate today.



COLUMBIA-GREENE
HOSPITAL FOUNDATION

71 Prospect Avenue
Hudson, New York 12534
518.828.8239

www.columbiamemorial.com
click on “Donate Today!”



Enjoying the Hospital Ball are (L to R) Mary Gail Biebel, Chairman, CMH Board of Trustees, Isabelle Autones, Francis Greenburger, 2014 Hospital Ball honoree, Patti Matheney, Chairman, Columbia-Greene Hospital Foundation Board of Trustees, Jay Cahalan, CMH President & CEO

Did you know?

When you shop at the Second Show, you're supporting CMH

The Second Show crosses the \$1 Million donation mark

When a creative and committed team of volunteers and staff works together to sell donated, gently used clothes and household goods, magic can happen.

And at the Second Show, that magic happens every day.

This summer, the Second Show achieved an amazing milestone – proceeds from sales surpassed the \$1 Million mark and these dollars have all gone to benefit Columbia Memorial, the Columbia Memorial Hospital Auxiliary, and Operation Unite NY.

“When we started this, we NEVER dreamed we would hit this amount!” exclaimed Margaret Apa, Chairman of the Second Show’s Board of Directors, when she made the million dollar announcement. “We weren’t even sure how we could afford one employee at \$8.50 an hour!”

When it first opened its doors for business in 1996, the Second Show was located in Hudson’s Community Tennis building, “a former bar complete with traffic lights, a 25-foot mahogany bar, motorcycle burns on the floor, and suitably dim bar lighting – an interesting space to convert to a Community Thrift Shop,” notes a Second Show brochure.

The shop moved to its current Warren Street location in 1998, and its visibility and popularity have been growing ever since. That’s because it’s a great place to shop for everything from vintage to trendy.

So, next time you’re wondering where to donate that gently used coat, or you need something ‘new’ to wear, remember the Second Show. You’ll have a fun shopping experience and support great causes, too.

Congratulations to the Second Show team. We salute you!

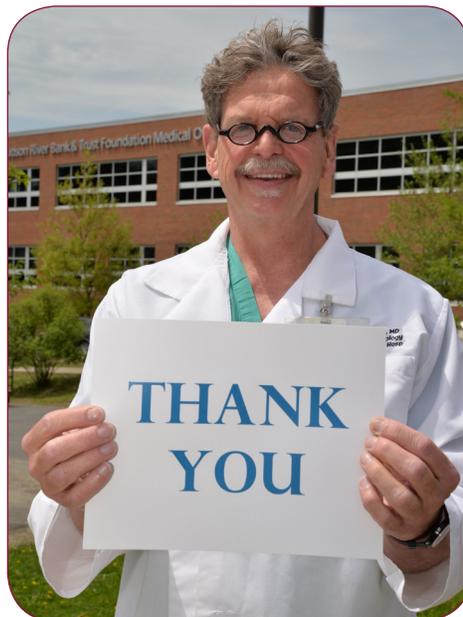
What makes our events so special? You!

You helped us raise \$700,000

A sincere thank you to everyone who sunk a putt, swung a racquet, dined, danced, and bid at our special events this year.

Your support of Winter Blast, the Hospital Ball, and our golf and tennis tournaments raised \$700,000.

It’s your generosity that helps us support patients when they need us most. **Thank you!**



John Mathews, MD, Board Member and CMH Anesthesiologist

Sincere thanks to the Second Show

“Congratulations to a wonderful group of volunteers and staff. You make Hudson a better place.”

***Rich Volo/Trixie Starr,
Friend of the Second Show***

“The Second Show is the best little secret on Warren Street for shopping. You can never go wrong.”

Rachel Kappell/Kathy Lee, Friend of the Second Show

“Our Auxiliary volunteers love working at the shop and have enjoyed helping the Second Show reach this amazing mark.”

Shirley McThenia, President, CMH Auxiliary

“This great milestone was reached due to a team of dedicated and determined volunteers, led by Carol Lavender and Bobbi Bush. We push on to our second million!”

Jill Salerno, Second Show Board Member

“Special thanks to our dedicated volunteers, without whom we could not exist...and to everyone in our community who donates the merchandise we sell.”

Terry Ackerman, Second Show Board Member

“We are thrilled and so grateful to the team at the Second Show that does so much for Columbia Memorial, our patients, and the entire community.”

Betsy Gramkow, Columbia-Greene Hospital Foundation Executive Director

Reinventing care for mental health patients

Your gifts made it possible

Years of planning and a major renovation project will culminate this fall with the opening of Columbia Memorial’s new in-patient mental health unit.



Large windows let in abundant sunlight and frame spectacular views

Long gone are the dreary corridors, sparse furnishings, and clinical surroundings so typical of mental health units across the nation.

This unit has been tailored to a psychiatric patient’s unique needs. It is warm, welcoming, and very patient-centered. There is an abundance of natural light pouring in through large windows framing spectacular views.

“This is a community environment that promotes healing and encourages interaction and connection,” says Brian Stewart, Program Director for Psychiatry. “We are able to provide the very best care in an environment that is pleasant, comfortable, and safe.”

One side of the ‘L-shaped’ unit consists of four community rooms of varying sizes for group and private therapy sessions. These areas are also used for recreation, dining, and social interactions. The other side of the ‘L’ consists of six private patient rooms and eight doubles.

A large, open nurse’s station is front and center, lending itself to easy interaction between patients and staff members. This encourages positive connections between our patients and their caregivers.

“Patients and staff feel comfortable in the unit,” notes Stewart. “The new spaces are open, well-lit, and welcoming. This is an excellent environment that is very conducive to healing.”

Your gifts made it possible.



New, centralized Nurses’ Station encourages interactions between patients and staff

“We are able to provide the very best care in an environment that is pleasant, comfortable, and safe.”

These kinds of critically-needed renovations are supported by generous donations from committed friends like you. To make another donation that will change lives, go to our website www.columbiamemorial.com and click on “Donate Today!” or call us at 518.828.8239.

Starlight Foundation grant launches ‘Caring Bears’ program

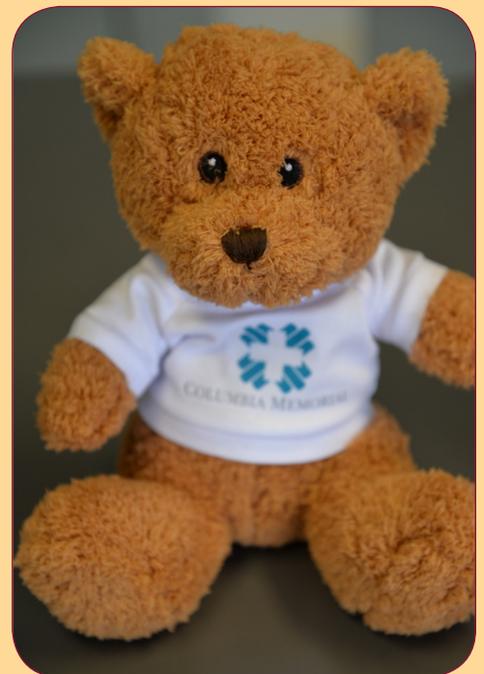
Bears give more than just hugs to kids in the E.D.

Thanks to a grant from the Starlight Foundation NY*NJ*CT*, every child who is admitted into our Emergency Department will be given their own teddy bear. The bear will be with them through every phase of treatment and is theirs to take home.

Not only will the bear be a comforting toy and something to hug, best of all it will be a teaching tool for our medical staff.

Using the teddy bear as the ‘patient’, our staff will be able to show the child how blood is drawn, or explain a medical procedure – whether it’s a shot, a stitch, or an x-ray.

With its generous support, the Starlight Children’s Foundation is giving every child a positive and less fearful E.D. experience.



‘Caring Bears’ will help our E.D. staff show kids what to expect next.

Join us for

Winter Blast

A fundraising benefit to support Columbia Memorial & Kaaterskill Care Skilled Nursing & Rehab



Enjoy music, dancing, food, and an exciting silent auction

**Saturday, February 6, 2015
Club Helsinki, Hudson, NY**

For tickets and information
518.828.8239
rorlando@cmh-net.org

Join us...

Have a blast!

More news from CMH

New pediatrics office in Catskill



Pediatrician office

A new era for pediatric care in Greene County has begun. After more than \$1 million in investments, the newly renovated and expanded Columbia Memorial Pediatrics center opened in September at the Greene Medical Arts building in Catskill. The new, 4,500-square-foot space includes eight state-of-the-art exam rooms and two comfortable waiting areas to keep well and sick children separate.

The team of nurses and pediatricians, along with support staff, help deliver top-quality care to local families from offices in both Catskill and Hudson. Patients seeking new appointments can call the Catskill office at (518) 943-2557 and the Hudson office at (518) 828-4125.

Hospital honored for delivering low cost, high-quality care

A leading national healthcare research firm recently recognized Columbia Memorial as a Five-Star Community Value Leadership Award Winner for achieving high rankings as a top-quality, low-cost healthcare provider.

Columbia Memorial was one of 47 hospitals in New York to earn the top 'Five-Star' distinction.

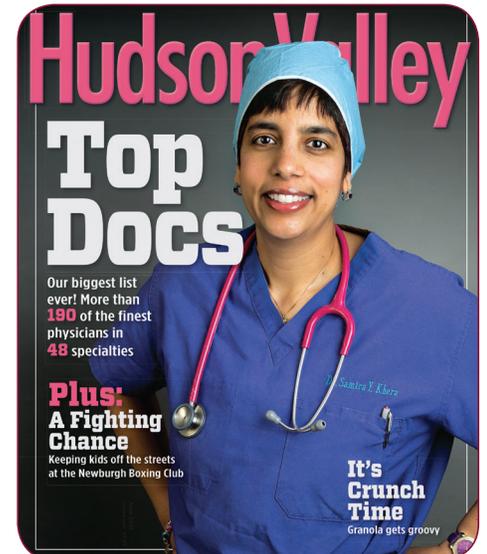
The 2014 State of the Hospital Industry report published by Cleverley + Associates measures and ranks hospitals that use financial resources efficiently for reinvestment, provide high quality patient care, and keep costs low in order to deliver a high degree of community value.



Breast surgeon and vein care expert joins CMH

Dr. Samira Khera, fellowship-trained, board-certified breast surgeon and vein care specialist, recently joined the staff at Columbia Memorial and formed two new specialty care offices.

Named one of Hudson Valley Magazine's "Top Docs 2014," Dr. Khera will lead CMH Breast Care and CMH Vein Care from offices in Hudson and Kingston. Patients seeking specialized breast care or vein care, including treatment for varicose veins, can call the Columbia Memorial Care Centers at (845) 338-8680.



Samira Khera, MD, MS, breast and vein specialist